

Zybek Sports Standardized Athlete Test (SAT®) Results

IT'S ON YOU®



Shawn Murphy

Zybek Sports SAT® ID:

1651002_shawn_murphy

LB

2022

Height:

6' 1 1/2"

Weight:

215 lbs

Reach Height:

94.75

Event

Nova081520

8/15/2020

Shawn Murphy Zybek Sports SAT® Performance Results

	10 Yard	20 Yard	40 Yard	20 YD Shuttle Split	20 YD Shuttle	3 Cone Drill	Vertical Jump	Broad Jump
	1.910	3.141	5.401	2.698	4.943	7.912	37.75	110
	Seconds	Seconds	Seconds	Seconds	Seconds	Seconds	Inches	Inches

Zybek Sports SAT® Comparison and Targets for Shawn Murphy

Average Performance Measures From Zybek Sports SAT® for 2022 LB Athletes:

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
1.894	3.124	5.415	2.561	4.892	8.778	23.7	94

Shawn Murphy needs to do this to have average performance on the SAT® this year:

0.016 Faster	0.017 Faster	Maintain	0.137 Faster	0.051 Faster	Maintain	Maintain	Maintain
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Average Performance Measures for 2021 Athletes:

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
1.846	3.043	5.262	2.485	4.765	8.575	25.7	98.4

Shawn Murphy needs to do this to be in average performance on the Zybek Sports SAT® next year:

0.064 Faster	0.098 Faster	0.139 Faster	0.213 Faster	0.178 Faster	Maintain	Maintain	Maintain
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Average performance measures for college athletes - LB position

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
1.756	2.874	4.946	2.352	4.497	8.100	31.5	112.6

Shawn Murphy needs to do this to be in average performance on the Zybek Sports SAT® by College:

0.154 Faster	0.267 Faster	0.455 Faster	0.346 Faster	0.446 Faster	Maintain	Maintain	3in Longer
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ZYBEK Sports



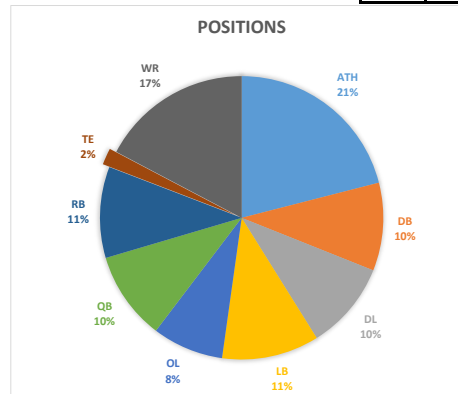
Zybek Sports SAT® 2020 Information and Rank for Shawn Murphy

Number of Athletes: **3,656**

Numbers by graduation	Year	Count	Numbers by Position	Position	Count
	2020	103		ATH	768
	2021	1602		DB	367
	2022	920		DL	368
	2023	426		LB	406
	2024	223		OL	297
	2025	117		QB	369
	2026	97		RB	380
	2027	32		TE	69
	2028	35		WR	632

Details for LB position group for Shawn Murphy Average for LBs tested in 2020

Grad. Year	Number	Height	Wing span	Hand Size	Reach Height
2020	14				
2021	209	71.2	73.3	31.9	92.0
2022	110	69.9	72.0	33.5	90.2
2023	42	69.3	71.1	32.2	90.0
2024	10	68.0	71.5	#####	86.7



Averages for LB position group:

40 Yard	5.226 sec.	ProAgility	4.718 sec.
20 Yard	3.038 sec.	ProAgility Split	2.458 sec.
10 Yard	1.855 sec.	Broad Jump	100.7 in.
3-Cone	8.054 sec.	Vertical Jump	26.84 in.

Zybek Sports Rank and Recommendations for Shawn Murphy

Compared to **3,656** Athletes tested this year

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
Rank	1737	1770	1767	2177	1992	1630	41	633
Percentage	52%	52%	52%	40%	46%	55%	99%	83%

Compared to **920** Athletes graduating in 2022 tested this year

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
Rank	459	475	478	680	640	393	10	170
Percentage	50%	48%	48%	26%	30%	57%	99%	82%

Compared to **406** LBs tested this year

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
Rank	228	245	251	335	322	155	3	69
Percentage	44%	40%	38%	17%	21%	62%	99%	83%

Compared to **110** all 2022 LB athletes tested this year

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
Rank	63	74	76	93	91	41	2	22
Percentage	43%	33%	31%	15%	17%	63%	98%	80%

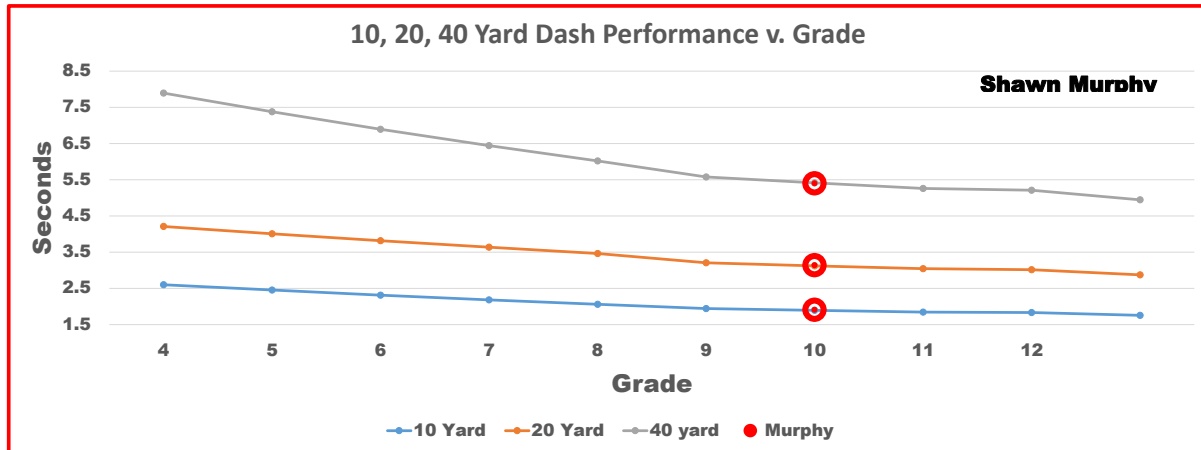
Recommendations for Shawn Murphy

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
Current Performance	1.910	3.141	5.401	2.698	4.943	7.912	37.75	110
Suggested Target Improvement	1.910	3.141	5.185	2.563	4.943	8.575	25.7	98.4
	Maintain	Maintain	0.216	0.135	Maintain	Maintain	Maintain	Maintain

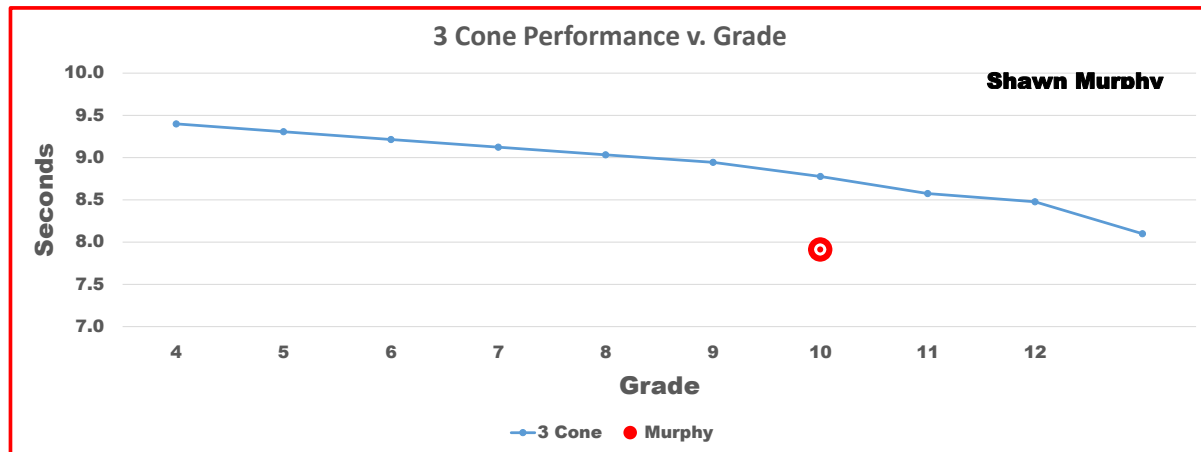


Zybek Sports SAT® Comparison and Targets for Shawn Murphy

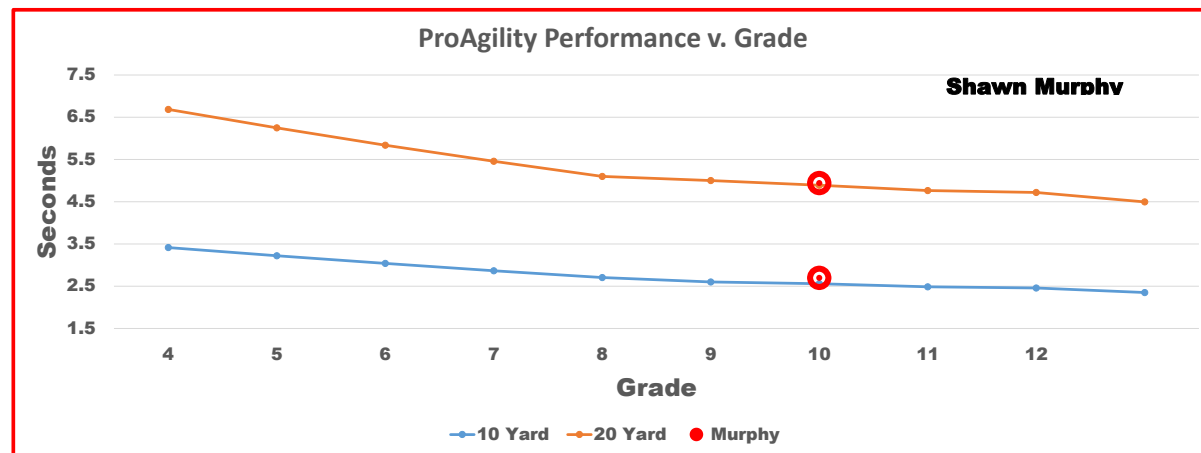
This graph illustrates how Shawn Murphy compares to the other LBs in the 40 yard dash by grade



This graph illustrates how Shawn Murphy compares to the other LBs in the 3-Cone by grade



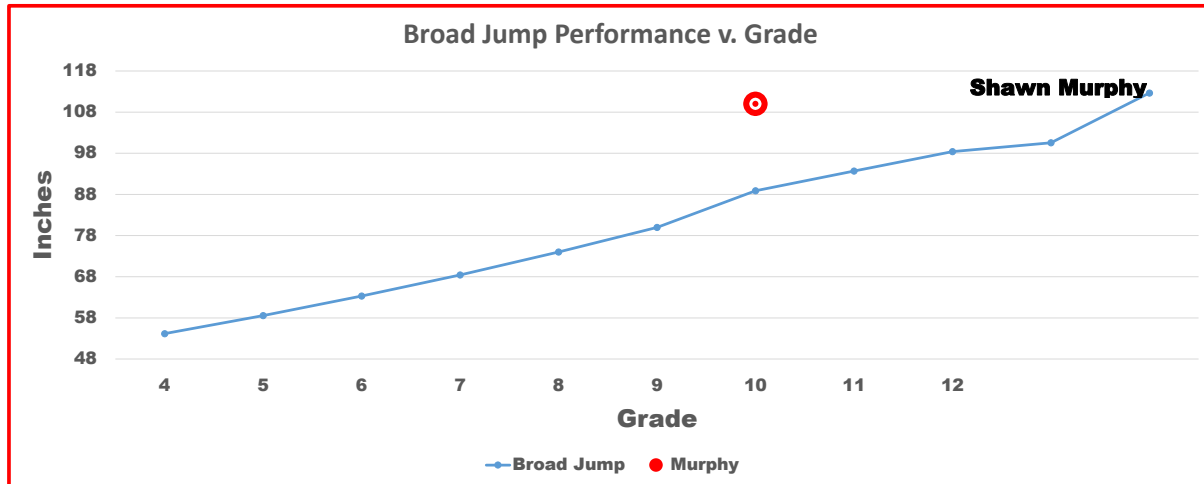
This graph illustrates how Shawn Murphy compares to the other LBs in the ProAgility by grade



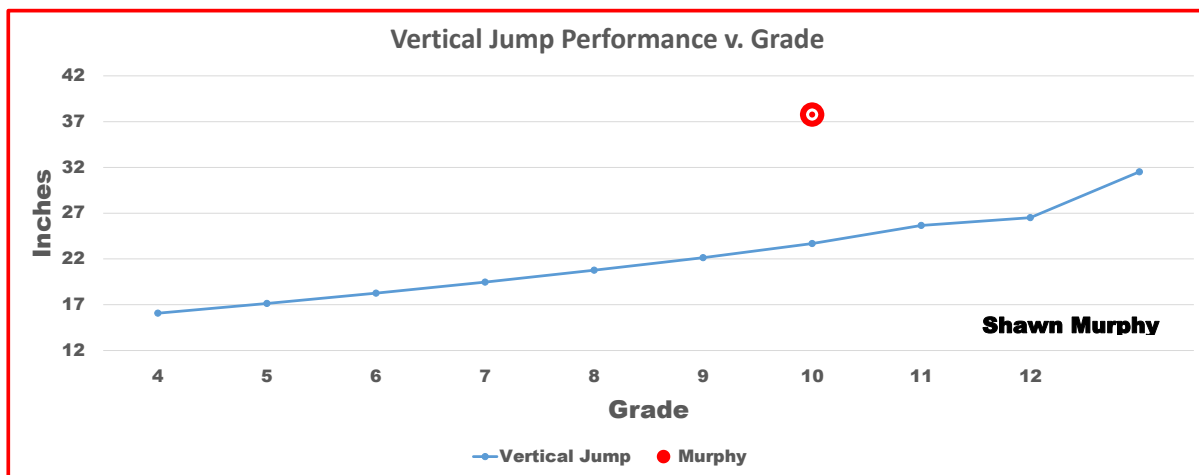


SAT[®] Comparison and Targets for Shawn Murphy

This graph illustrates how Shawn Murphy compares to the other LBs in the Broad Jump by grade



This graph illustrates how Shawn Murphy compares to the other LBs in the Vertical Jump by grade



Athlete Performance Card



Shawn Murphy

2022 LB

SAT®

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Height: 6 Ft 1.5 In.
Weight: 215 lbs.
Hand Size:
Reach Height: 94.75 In.
Wing Span

40 Yard	5.401	Seconds
20 Yard	3.141	
10 Yard	1.910	
ProAgility	4.943	
ProAgility Split	2.698	
3 Cone	7.912	
Broad Jump	110 in.	
Max Jump	132.5 in.	



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SAT® Testing Event:

Nova081520

8/15/2020